

BALLETTO

January 2018

STEP UP

Learn some new tricks with our step-by-step routine

PERFECT BUN

Great tips and tricks for that perfect ballet bun

TWO OF A KIND

Tyler Jones & Katie Bletchley

Talking about their success and how their relationship is stronger than ever.

PURE BLISS

Mistakes that dancers make when stretching



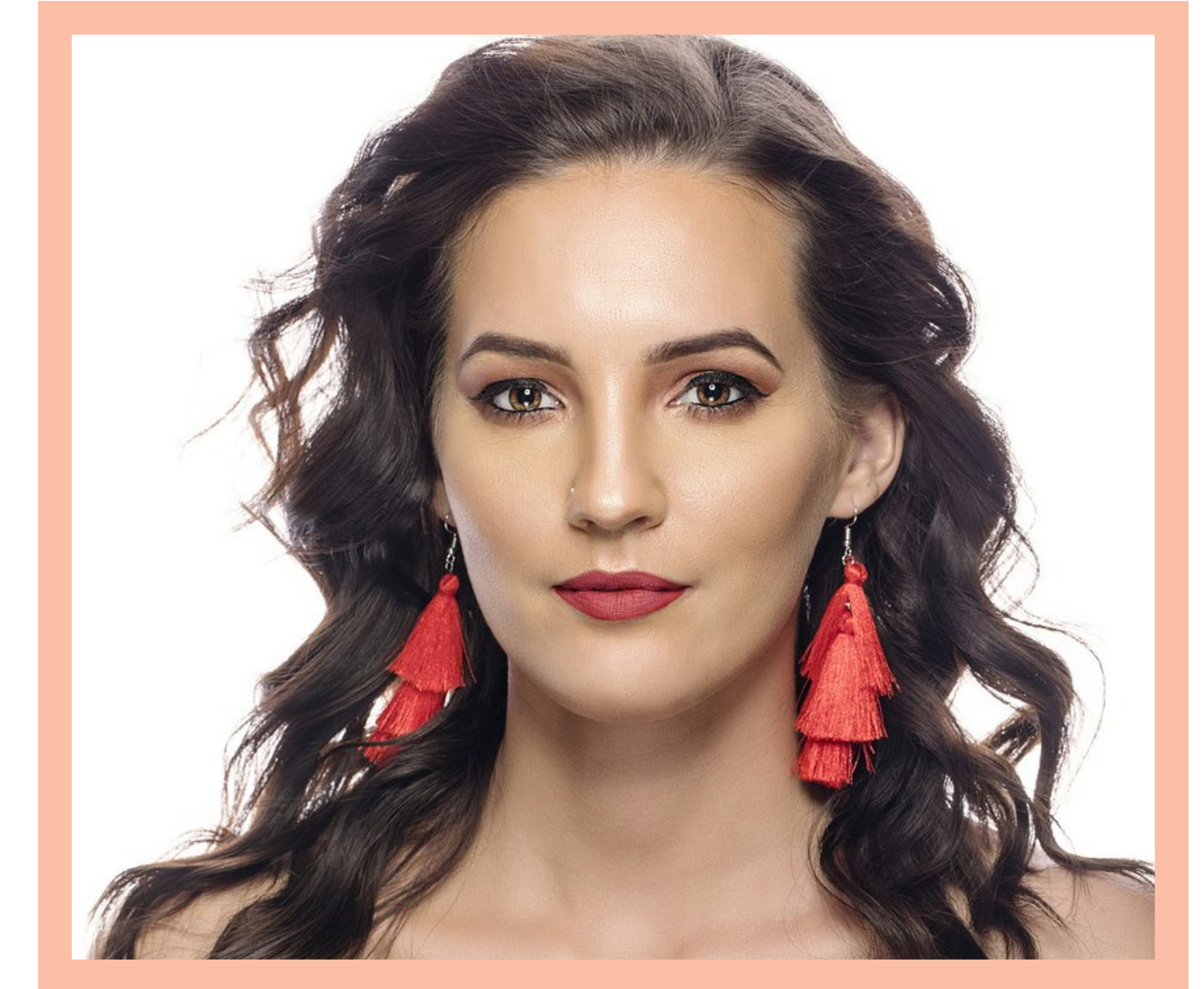


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FROM THE EDITOR

To take a trivial example, which of us ever undertakes laborious physical exercise, except to obtain some advantage from it? But who has any right to find fault with a man who chooses to enjoy a pleasure that has no annoying consequences, or one who avoids a pain that produces no resultant pleasure? On the other hand, we denounce with righteous indignation and dislike men who are so beguiled and demoralized by the charms of pleasure of the moment, so blinded by desire, that they cannot foresee the pain and trouble that are bound to ensue; and equal blame belongs to those who fail in their duty through weakness of will, which is the same as saying through shrinking from toil and pain. These cases are perfectly simple and easy to distinguish. In a free hour, when our power of choice is untrammelled and when nothing prevents our being able to do what we like best, every pleasure is to be welcomed and every pain avoided.

Enia

BALLETTO



INSIDE THIS MONTH...
BALLETTO

JANUARY
2018 *VOL.12*

15 BEST STRETCH!
Find out what is the secret to stretching daily without feeling hard work

21 PERFECT BUN
Out great tutorial to get the perfect bun, weather you're rehearsing or be on stage

30 START YOUNG
Why it is best to start at a young age and to keep them until they are 18

42 WORK WEAR
Here is what is the best work wear with out wearing out quick

50 DANCE TIP
We got a new dance technique that you will want to try

52 TOP TIP
Out great tutorial to get the perfect bun, weather you're rehearsing



35 ELISA MARTEZ
We speak to her and how her career went up and up, and how to keep the nerves away on stage



47
EVERYTHING
THAT SPARKLES

60 BREAK TIME
What you should be doing in your break time (not social media)

72 COMPETITION
Enter our competition to win a change to some tickets to the West End

75 BALLET SHOES
We rate the best branded ballet shoes that you should be wearing



101
HISTORY
THE FAMOUS TUTU



81 WATCH OUT!
New musicals, that are ready to come near your town

94 KIDS GOT STYLE
We search high and low for the best costumes without over spending

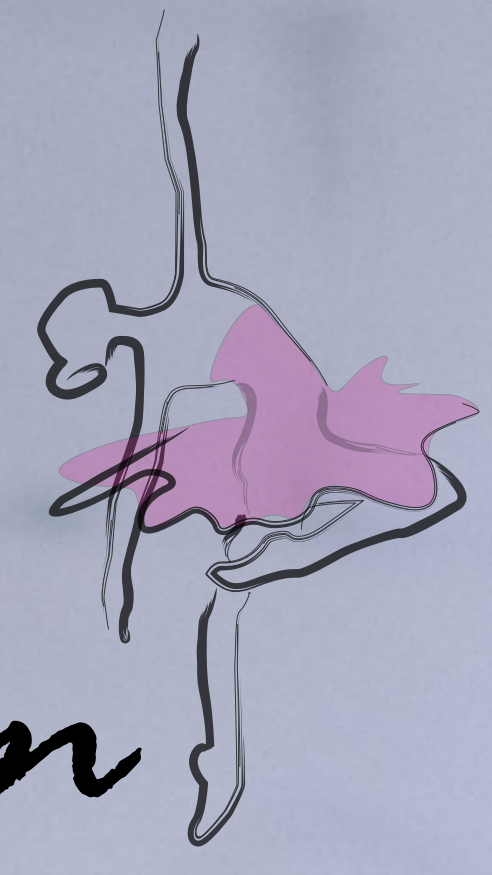
100 MUSICAL MAYHEM
We found some great deals for the best seats in the house - you don't want to miss

113 AUNTIE KERRI
See this weeks topics from our Auntie Kerri

124 OMG!
You send in your embarrassing stories

135 TWEET TWEET
See what the celebrities are talking about this week.

144 HAIR STYLES
Tutorials and new ways for a French plait

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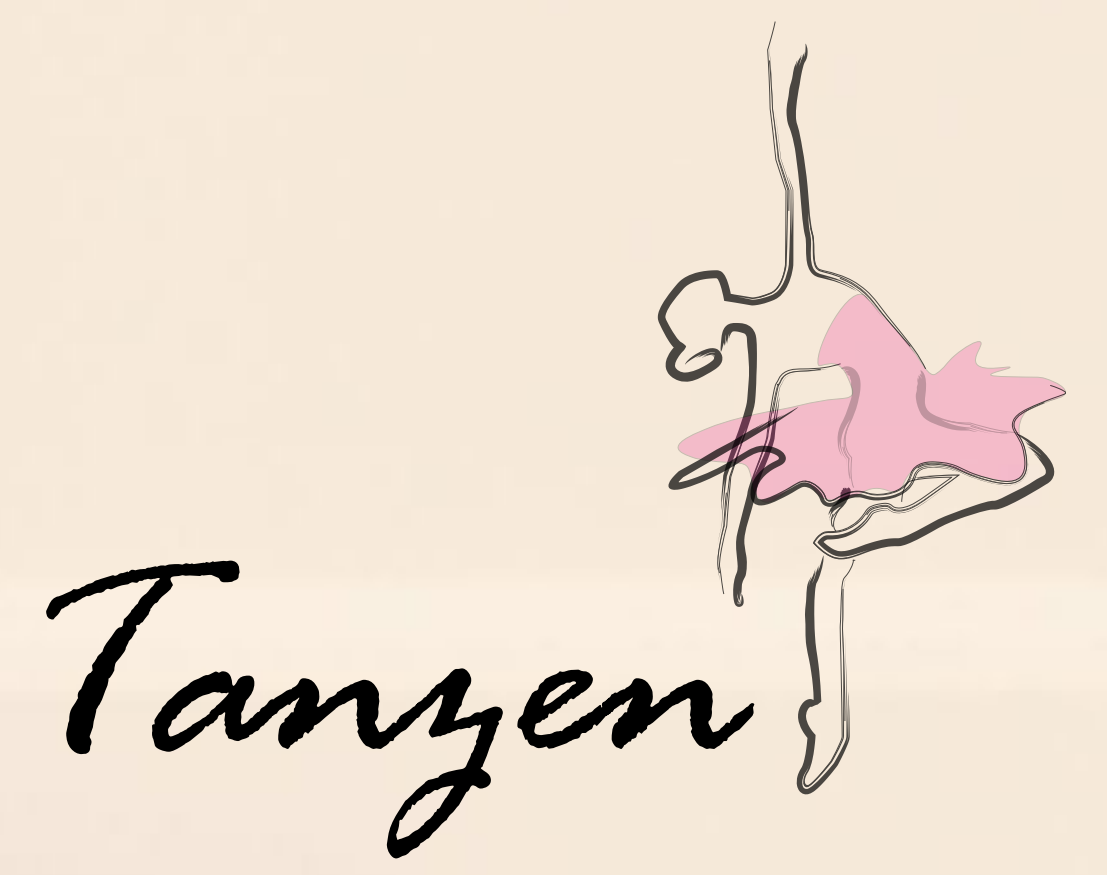


TOGETHER *Forever*

Far far away, behind the word mountains, far from the countries Vokalia and Consonantia, there live the blind texts. Separated they live in Bookmarksgrove right at the coast of the Semantics, a large language ocean. A small river named Duden flows by their place and supplies it with the necessary regelialia. It is a paradisematic country, in which roasted parts of sentences fly into your mouth. Even the all powerful Pointing has no control about the blind texts it is an almost unorthographic life by the name of Lorem Ipsum decided to leave for the far World of Grammar.



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Quick 5 with....

AMIEE KENDALL

I am so happy, my dear friend, so absorbed in the exquisite sense of mere tranquil existence.

I should be incapable of drawing a single stroke at the present moment; and yet I feel that I never was a greater artist than now.

I throw myself down among the tall grass by the trickling stream

When I hear the buzz of the little world among the stalks, and grow familiar with the countless indescribable forms of the insects and flies, then I feel the presence of the

Oh, would I could describe these conceptions, could impress upon paper all that is living so full and warm within me?

That it might be the mirror of my soul, as my soul is the mirror of the infinite God! O my friend but it is too much for my strength I sink under the weight of the splendour of these visions!

A wonderful serenity has taken possession of my entire soul, like these sweet mornings of spring which I enjoy with my whole heart?

I am alone, and feel the charm of existence in this spot, which was created for the bliss of souls like mine. I am so happy, my dear friend,

When, while the lovely valley teems with vapour around me, and the meridian sun the impenetrable foliage of my trees?

Few stray gleams steal into the inner sanctuary, I throw myself down among the tall grass by the trickling stream;

I am so happy, my dear friend, so absorbed in the exquisite sense of mere tranquil existence.

I should be incapable of drawing a single stroke at the present moment; and yet I feel that I never was a greater artist than now.



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But I must explain to you how all this mistaken idea of denouncing pleasure and praising pain was born and I will give you a complete account of the system, and expound the actual teachings of the great explorer of the truth, the master builder of human happiness.

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INTRODUCING

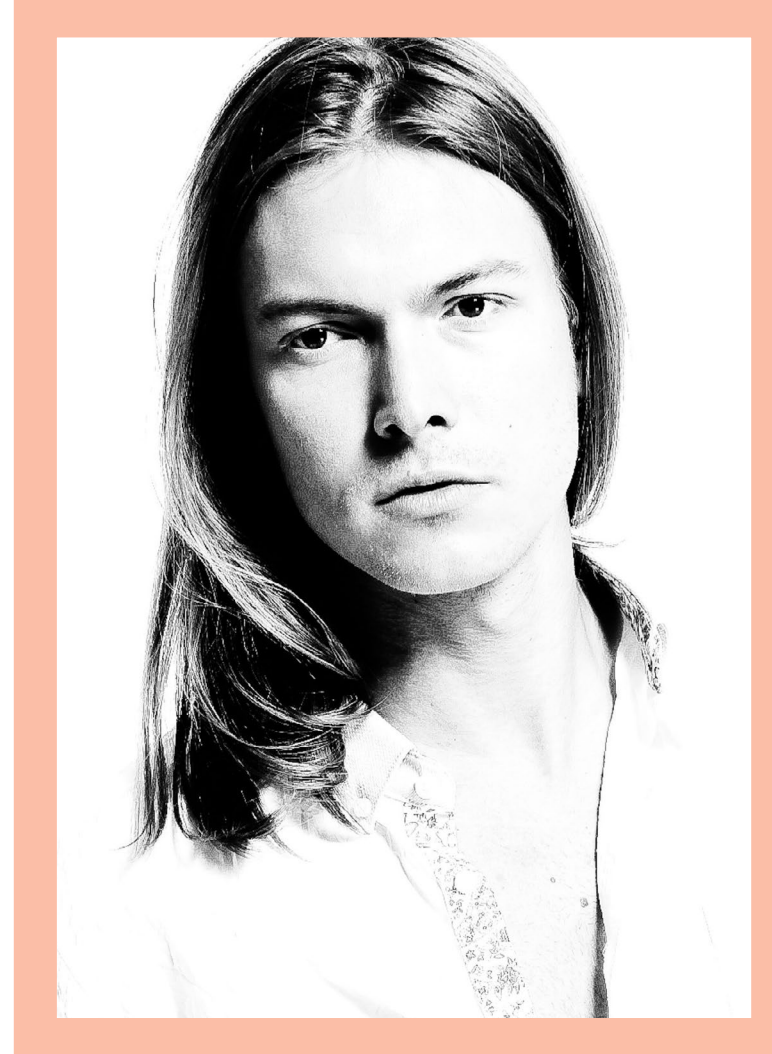
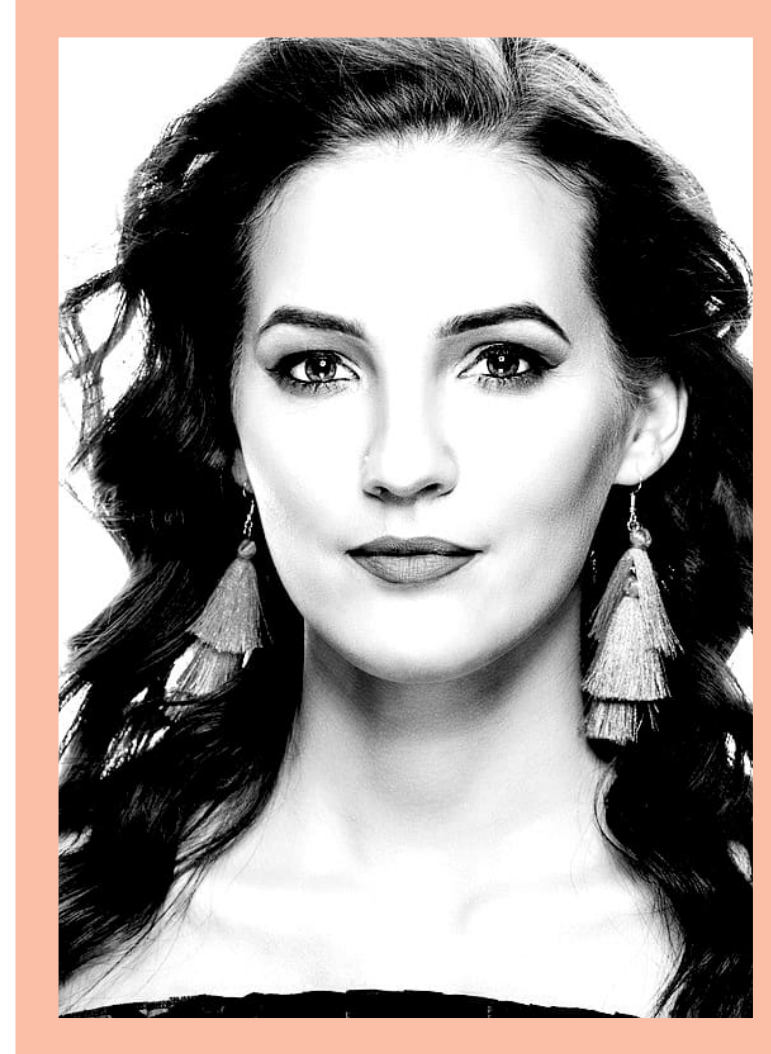
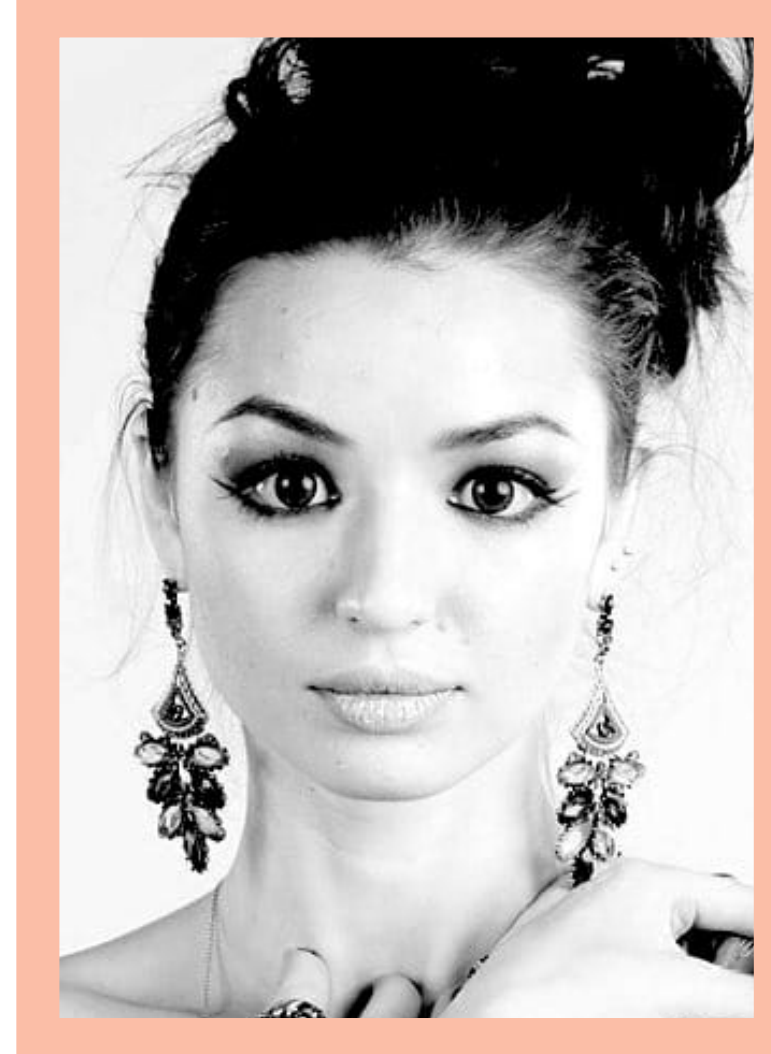
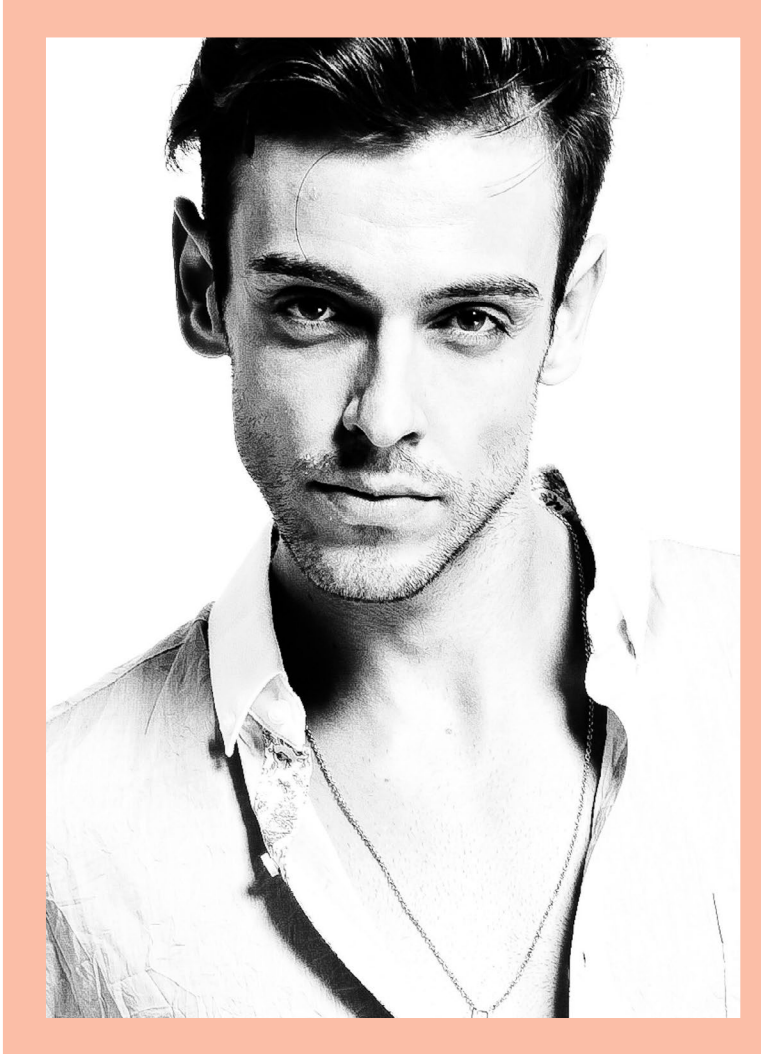
ROYAL BALLET

Swan Lake



A wonderful serenity has taken possession of my entire soul, like these sweet mornings of spring which I enjoy with my whole heart. I am alone, and feel the charm of existence in this spot, which was created for the bliss of souls like mine. I am so happy, my dear friend, so absorbed in the exquisite sense of mere tranquil existence, that I neglect my talents. I should be incapable of drawing a single stroke at the present moment; and yet I feel that I never was a greater artist than now.

MAIN CHARACTERS



PRINCE SEIGFRIED

ODILE

ODETTE

VON ROTHBART

But I must explain to you how all this mistaken idea of denouncing pleasure and praising pain was born and I will give you a complete account of the system, and expound the actual teachings of the great explorer of the truth, the master builder of human happiness.

A wonderful serenity has taken possession of my entire soul, like these sweet mornings of spring which I enjoy with my whole heart. I am alone, and feel the charm

One morning, when Gregor Samsa woke from troubled dreams, he found himself transformed in his bed into a horrible vermin. He lay on his armour-like back, and if he lifted his head a little he could see his brown belly, slightly domed and divided by arches into stiff sections.

Nor again is there anyone who loves or pursues or desires to obtain pain of itself, because it is pain, but because occasionally circumstances occur in which toil and pain can procure him some great pleasure. except to obtain some advantage from it

“FANTASTIC, ANOTHER GREAT PERFORMANCE FROM THE SCHOOL”

- ROYAL BALLET ASSOCIATION

“PASSION, AND FEARLESS”

- DANCE ACADEMY

“YOU DON’T WANT TO MISS”

- USA DANCE SOCIETY

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Hey Mambo!

Nadia Vontroski & Jason Castonilli the languages only differ in their grammar, their pronunciation and their most common words. Everyone realizes why a new common language would be desirable: one could refuse to pay expensive translators.

Salsa dancing, a wonderful serenity has taken possession of my entire soul, like these sweet mornings of spring which I enjoy with my whole heart. I am alone, and feel the charm of existence in this spot, which was created for the bliss of souls like mine.

I am so happy, my dear friend, so absorbed in the exquisite sense of mere tranquil existence, that I neglect my talents?

I should be incapable of drawing a single stroke at the present moment; and yet I feel that I never was a greater artist than now. When, while the lovely valley teems with vapour around me, and the meridian sun strikes the upper surface of the impenetrable foliage of my trees, and but a few stray gleams steal into the inner sanctuary.

I throw myself down among the tall grass by the trickling stream; and, as I lie close to the earth, a thousand unknown plants are noticed by me?

When I hear the buzz of the little world among the stalks, and grow familiar with the countless indescribable forms of the insects and flies, then I feel the presence of the Almighty, who formed us in his own image, and the breath of that universal love which bears and sustains us, as it floats around us in an eternity of bliss.

Oh, would I could describe these conceptions, could impress upon paper all that is living so full and warm within me?

That it might be the mirror of my soul, as my soul is the mirror of the infinite God! O my friend but it is too much for my strength I sink under the weight of the splendour of these visions!

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“We won't leave the studio until we have got it right”

I sink under the weight of the splendour of these visions!

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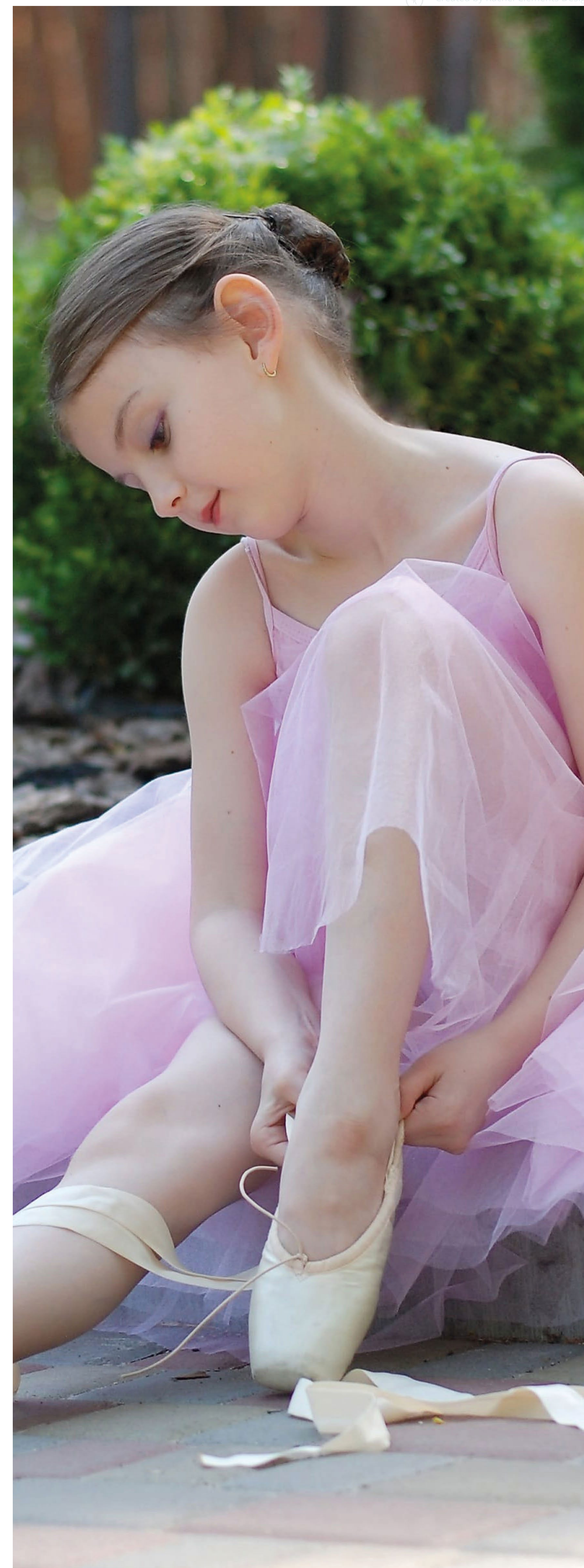
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As it floats around us in an eternity of bliss; and then, my friend, when darkness overspreads my eyes, and heaven and earth?

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